



## GREEN ECONOMY – MULTIPLE USE OF FOREST

**Best practices** 

october 2018 - december 2020





### **Table of contents**

Presentation of the LAGs	
LUXEMBOURG	4-5
» LAG Region Mëllerdall	
FINLAND	6-7
» LAG Aktiviinen Pohjois-Satakunta	
» LAG Kantri ry	
PORTUGAL	8-11
» The 3 portuguese LAGs	
» LAG AD Elo	
» LAG Dueceira	
» LAG Adices	
SWEDEN	12-13
» LAG Linné Småland	
» I AG Västra Småland	

B	est practices
L	JXEMBOURG14-17
<b>&gt;&gt;</b>	The sustainable souvenir
<b>&gt;&gt;</b>	Daycare center "Bei de Kueben"
<b>&gt;&gt;</b>	Annen Multipurpose Hall
<b>&gt;&gt;</b>	National nature reserve
	"Kéidenger Brill – Supp"
FI	NLAND18-24
<b>&gt;&gt;</b>	Multiple use of forests
<b>&gt;&gt;</b>	Eservices for Forest Owners
<b>&gt;&gt;</b>	Finnish bioeconomy
<b>&gt;&gt;</b>	Lauhanvuori-Hämeenkangas
	Geopark-area
	Everyman's right in Finland
<b>&gt;&gt;</b>	Patented solutions for
	efficient biogas production
<i>»</i>	The Nordic stump grinding and arborist service
P	ORTUGAL25-32
<b>&gt;&gt;</b>	National Forest of Buçaco
	Siro
<b>&gt;&gt;</b>	WOODSER – Wood Industry Lda.
<b>&gt;&gt;</b>	Serra do Caramulo Guide to
	Vascular Flora
<b>&gt;&gt;</b>	Mortágua Biomass Plant
<b>&gt;&gt;</b>	LIGNOBIO
<b>&gt;&gt;</b>	Seed For The Future Micro-Maternities
	of Native Trees
<b>»</b>	Nature Trails Of Lousã Mountains
S	WEDEN
	Röshults djur och natur
<b>&gt;&gt;</b>	Ängabackens Björksoda
<b>&gt;&gt;</b>	Lövsjö Loghouse
<b>&gt;&gt;</b>	Multiple use of Forest



## **Welcome to the transnational LEADER project**

# "Green economy -multiple use of forest"

The LEADER project "Green economy - multiple use of forest", which started in the Natur- & Geopark Mëllerdall in October 2018, dealt not only with regional measures and activities, such as the supply of energy wood or the concept for regional construction and valuable wood for the Mëllerdall region, but also with the exchange at an international level.

In the sense of the LEADER philosophy, the project has placed a strong focus on the transnational networking of LEADER regions. A total of eight LEADER groups, out of four countries; Finland, Luxembourg, Portugal and Sweden, were involved in the cooperation project. Through the

exchange by means of lectures, visits and workshops on the topics "Multifunctionality of Forests", "Green Economy", "Renewable Energies", "Climate Change & Co, Reduction" at partner meetings in the respective regions, an added value of knowledge, experience and strategies could be transported back to the respective regions.

In order to document the knowledge gained, each partner region was given the opportunity to give a brief insight into their region and key tasks in this brochure, while at the same time presenting and recording their best practice examples.

## » Asa



In total the LAG LEADER Region Mëllerdall counts 32 members, of which 13 members belong to the public sector (12 municipalities and the Natur- & Geopark Mëllerdall), while the other 19 members are associations. Situated near the German border in the eastern part of the Grand-Duchy of Luxembourg, it covers 296 km² and counts about 27.400 inhabitants. The LAG's office is located in Echternach, Luxembourg's oldest town.

The region, known in Luxembourg and abroad as "Luxembourg's little Switzerland", can be described as a rural region with a huge variety of landscapes that have forged its development through the centuries and still contributes to its richness and the enchantment of people coming from near and far today.

The aim of the LAG is to encourage the development of the region by supporting initiatives that value, strengthen, empower and focus on "tourism and culture", "the community" and "the







Europäischer Landwirtschaftsfonds für die Entwicklung des ländlichen Raums: Hier investiert Europa in die ländlichen Gebiete.

region". Hence the slogan "De Mëllerdall – Eis Regioun" (The Mullerthal – Our Region). It is through projects with local partners and inhabitants, that the LAG encourages the sustainable development of the region. Since 2003, a great variety of projects have emerged in sectors such as tourism, regional products, regional economic cycles, cultural and natural heritage, integration and education. The Mullerthal Region shall continue to be a liveable place for the inhabitants and a region that is well worth discovering for visitors.

A very important step in the Mullerthal region was the establishment of the Natur- & Geopark Mëllerdall in 2016. Building on the pillars of sustainability (ecology, economics & socioeconomics), the Natur- & Geopark Mëllerdall pursues several goals as for example the preservation of the biological diversity or the promotion of



regional products. Furthermore, the Natur- & Geopark Mëllerdall is an important partner who supports, initiates and promotes the sustainable development of the region. The institution is also the project executing organization of the LEADER project "Green economy multiple use

- » www.mu.leader.lu
- » www.naturpark-mellerdall.lu



of forest" and in addition the Natur- & Geopark Mëllerdall is going to apply for the international program UNESCO Global Geopark in 2020.



LUXEMBOURG



LAG Aktiivinen Pohjois-Satakunta's main goal is to finance "grass-root"-level development projects, which regenerate economical, cultural, social and environmental vitality in the area.

The LAG region is located in the Länsi-Suomen province and counts ten member municipalities. The area is relatively homogenous regarding the population and economical structure.

The Pohjois-Satakunta area has a quite varied and multisided nature. You can find the seashore with characteristic archipelago areas, plenty of lakes and rivers, bogs, forests, sweet hilly areas, agricultural sceneries as well as wide nature areas as Hämeenkangas and Pohjankangas.

Although we are located in the southern part of Finland, the LAG disposes of large wilderness areas with places that the human being has not touched since the last Ice Age. Thanks to these nature areas, we also have the Unesco Global Geopark status.

The big number of different cultural environments give their own significance to the areal development of Pohjois-Satakunta territory.

The LAG area has also well working optical fiber connections nearly everywhere. A great part of our municipalities has been among the first ten topmost optical fiber connection covered municipalities in Finland.



The strong entrepreneurship tradition and many special entrepreneurship sectors characterise Pohjois-Satakunta. The important branches are for instance ecological greenhouse cultivation, steel industry and the construction sector (windows, construction materials and so on). The natural tourism, ecotourism, strong food industry and the bioenergy also belong to the growth sectors.

The LAG Aktiivinen Pohjois-Satakunta has been the most active Local Action Group in Finland and Europe during the various Leader periods when it comes to the transnational collaboration projects, and it has been making funding decisions on approximately 1000 different projects since 1997, which also constitutes a record in Finland!

» www.aktiivinen.fi

Westahti Kantri ry
was founded in 1997
for the rural development
of the Tampere Region. From the
beginning it has distributed financial aid to grassroot level actions in rural areas.

In overall, the area is populated by more than 370 000 inhabitants, of which more than 100 000 live in the rural areas in which where Kantri ry operates. The population has grown rapidly in past years and is likely to increase in the future as well, as it is the "most favorable place to live in Finland". However, the population growth creates pressure on the rural areas. Infrastructure investments and rural planning are required. The aim is to prevent the countryside turning from into a rural suburb or reservoir for country living. On the other hand, the periphery of Kantri's area suffers from ageing population, negative migration and

The themes of the Kantri ry's strategy for the years 2014 - 2020 "Responsibility for Community

- and Environment" are:Environmentally responsible living
- » Communality, inclusion and local youth
- » Local business

At the moment, Kantri is taking part in three transnational cooperation Leader-projects:

- » Green economy multiple use of forest
- » Smart Villages Leader Network
- » CIRCLE

» www.kantriry.fi



deteriorating services.



Altogether they cover 15 municipalities with a total area of approximately 3,085 km² and a population of about 294,000 inhabitants. The latter take on predominantly rural characteristics.

#### » www.adelo.pt » www.dueceira.pt » www.adices.pt









Over its 25 years of existence it developed countless initiatives that contributed to the integrated development of the territory by gathering technical and financial resources to accomplish projects such as supporting other companies and economic agents, qualifying and training people, social intervention and innovation, preservation and recovery of heritage, promoting and valuing products and local potential or cooperation and support for internationalization. These projects start from an attitude of working in an extended partnership with the various agents of the territories, both in the public area, and through the mobilization of the organized civil society.

Within the scope of its activities, it promotes local development seeking to project and strengthen the identity of the region in order to make its area of intervention more attractive,

both in terms of population settlement, with the improvement of quality of life, as well as strengthening local economic capacity.

Within the scope of its activities, AD ELO also seeks to promote the region and enhance endogenous resources.

Its main activities are interconnected with the implementation and development of community projects that foster rural development, among which AD ELO's responsibility for the management of DLBC Rural LEADER AD ELO and DLBC Costeiro Mondego Mar stands out.

#### » www.adelo.pt







PORTUGAL



Dueceira integrates a partnership of 56 local and regional public and private entities from the most diverse areas and sectors of activity and covers the municipalities of Lousã, Miranda do Corvo, Penela and Vila Nova de Poiares. The intervention territory has predominantly rural characteristics, a mountain orography, a profuse hydrographic network and a dense forest patch.

The Association's mission is to improve the quality of life of its population by building a positive, renewed and attractive image of the rural world, using the originality of the territory as a factor of affirmation and strengthening the self-esteem of local communities, aiming at its fixation and enhancing. It is assumed as Macro-objective of

all the recommended intervention or STRENGTH-ENING THE COMPETITIVENESS OF THE TERRITORY at the social, economic and environmental level, fostering cooperation and networking.

After its 26-year history, the management of DLBC Rural Dueceira2020 (LEADER Approach) stands out for the design, organization and implementation of diverse projects and initiatives of regional, interritorial and transnational scopes. Furthermore, the close partnership and involvement of agents of the territory and the management of community programs are distinctive features of the LAG.

#### » www.dueceira.pt







This territory presents an enormous diversity and ichness results of the harmonious presence of a set of natural elements, which give it specificity and authenticity, with water lines being a constant in all municipalities, which structure the territory's orohydrography, marked by zones with forest, mountain, valleys and slopes, plateaus and plains.

According to the ADICES statutes, the Association aims to "promote integrated local and regional development through the socio-cultural and economic dynamism and the promotion of initiatives in the areas of human resources, training, the environment, equal opportunities and gender, tourism and heritage, culture, sports, leisure and support for productive activities " and also the assignment of " Dynamizing and guiding promoters of economic, social, cultural and artisanal initiatives "

Over the last 29 years, ADICES has been promoting initiatives in various fields, ranging from financing local investment, as the managing entity for the various LEADER approaches, education / training, animation of the territory and cooperation projects. Due to the wide range of competences in the local and national context, ADICES can assert itself as a Local Development Association.



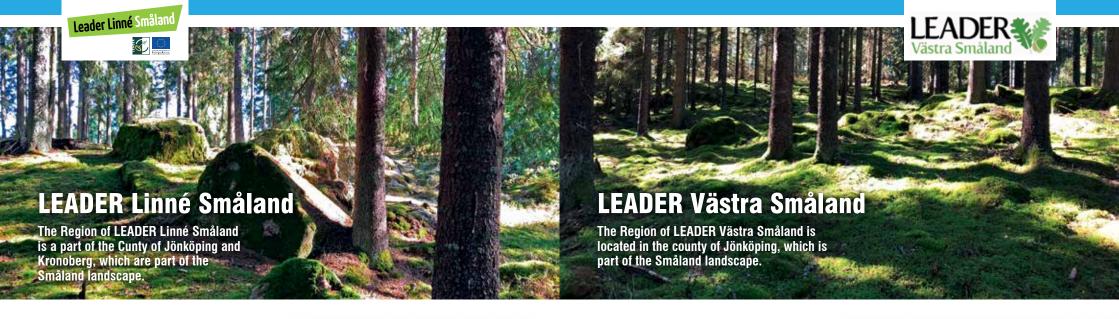


Due to the nature of the work developed, it was awarded the Public Utility Entity Status in 2000.

» www.adices.pt

PORTUGAL

10



The area comprises 8 municipalities. The LAG has 16 members, two from each municipality, representing private, public and non-profit sectors.

There are mostly forests, water areas and farmlands in the area of LEADER Linné Småland which is populated by 167 309 inhabitants. The area size of 9241 square kilometers and 16 inhabitants per square kilometers.

The aim targets in our strategy are:

#### » Entrepreneurship and self-sufficiency Entrepreneurship and self-sufficiency, growth in small businesses, skills development, integration.

#### » Innovations

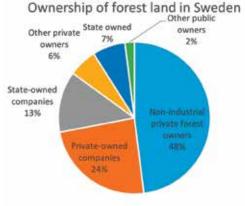
New services and products, innovations, new business ideas and forms of cooperation.

#### Exciting environments where people and ideas can grow

Meeting places where people with different backgrounds, skills and experience can meet.

#### » The forestry in Sweden

In Sweden 68% of total land area is forest land. The figure shows that 48% of the forest land is owned by 320 000 nonindustrial private owners and 38% of the owners are women.



The average owned privat property measures 49 hectares

We have 15-20 native tree species. The most common tree species are Norway spruce (41%), Scots pine (39%) and Birch (12%) followed by aspenc(2%), Alder (2%), Oak (1%).

The annual increment in Swedish forest is of 120 million m<sup>3</sup>.

The annual cut is 90 million m³/year. An outcome of this is a net storing of 40 million tons of CO<sub>2</sub> each year.

» www.leaderlinne.se

The area comprises 4 Municipalities. The LAG consists of 20 members, representing private, public and non-profit sectors.

The LEADER region contains mostly forests, farmland and bog and has 85 000 inhabitants. The size of the area is 3442 square kilometers and 24,8 inhabitants per square kilometer.

The aim targets in our strategy are:

#### » Environment & Infrastructure:

Renewable energy and energy efficiency, local and organic production

#### » Entrepreneurship:

New industries and the development of existing industries, social integration business

#### » Integration:

New venues, strong and developed association life, activities for public health, inclusion

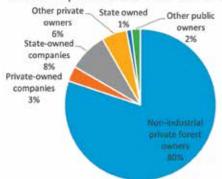
#### **Culture:**

Pride of local culture and curiosity of new influences, innovative preservation, accessibility to culture.

#### The forestry in the Leader area.

The area was completely deforested in the early 20th century. Today 70 % of total land area is forest land

#### Ownership of forest land in the Leader area



The figure shows that 80 % of the forest land is owned by nonindustrial private owners. The number of non-industrial private forest owners in the area mounts to 29 000, of which 38% are women. The average size of the properties is 46 hectares.

The most common tree species are Norway spruce (48%), Scots pine (29%) and Birch (10%) followed by aspen (2%), Alder (3%), Oak (4%) and Beech (2%).

» www.leadervastrasmaland.se



In a small farming village, located in the municipality of Rosport-Mompach, the penitentiary center of Givenich is situated. In the agricultural property, which passed to the state, through a foundation in 1890, the occupants do paid work inside and outside of the building in areas such as agriculture, horticulture or carpentry during the day and only have to spend the night in the penitentiary center.

Jailbird, an initiative of "défi-job", an association fostering the social reintegration of the inmates of the Givenich penitentiary center through work, is one of the multiple workshops. In the joinery of Jailbird, the artist Massimo Marchesini generates adapted products to the skills of the prisoners and transfers his knowhow to the inmates

Together with the Natur- & Geopark Mëllerdall, Massimo has developed little souvenirs, which can be easily produced by the inmates of Jailbird by using a scroll saw or a turning lathe. By manufacturing these souvenirs, the detention is useful time of supervised work, the acquisition of skills and the recovery of self-esteem, which all improves their chances of social and professional reintegration. The souvenirs are products halfway between art and craftmanship, but the most important thing for Jailbird constitutes the development process.

Local timber from local tree species, such as ash venirs. They can be purchased in all tourist infornice souvenirs of the holidays in the LAG LEADER Region Mëllerdall.

or oak were chosen as raw material for the soumation offices of the Mullerthal region and are

» www.jailbird.lu







Planned, built and completed in 2017 according to the highest standards and under the slogan "Don't let it get you down, be cheeky, wild and wonderful!", the building is CO<sub>3</sub>-neutral thanks to the saving technologies and the high use of renewable, ecological and partly recycled raw materials in the construction. Furthermore, the building is characterized by the implementation in wood-concrete hybrid construction with straw bales as insulation material.

The facade of 1300 square meters was built with larch of European origin. For the insulation, 185 m³ of straw from Germany was used.. Due to the compression into straw bales, the straw has very little air pockets. Therefore, the insulation can withstand fire for over an hour, which fulfills the fire protection regulations.

Another remarkable point in the construction of the daycare center is the energy supply. The building has a very low energy consumption, which is provided by a wind turbine with an output of 5.4 kW and a 30 kWp photovoltaic system, placed on the roof of the building. Furthermore, thermal energy is provided by a wood chip firing system.

» www.coeba.lu/projekt/ kindertagesstaette-angelsberg









Through the transmission of design data by a parametric model to the manufacturing space furnished with a CNC code automated cutting, the wooden building with 23 vaults and width spans ranging from 22.5m to 53.7m and his 27.000 individual pieces is a prime example for the industry 4.0 in the timber sector. The design of the project in Manternach is inspired by the double curvature masonry vaults of Eladio Dieste, designer of Warehouse in Montevideo (1977 - 1979). Where Dieste used unit elements of the same dimension (bricks), the Hall in Manternach proposes to generate the curvature directly thanks to the shape of the boxes that compose it. Each box is unique and has a specific location within the structure. This modular design also allows to dismantle the individual elements and to reuse them in a different structure, thus considering the principles

of circular economy. The Hall, which will accommodate a 5800 m<sup>2</sup> facility, including a timber prefabrication factory and offices, is characterized by the fact, that the construction method only needs wood to wood connections and neither screws nor glue. This new method, applied for a first time in this project, was developed by IBOIS, the laboratory for timber constructions of the Swiss Federal Institute of Technology in Lausanne. The project is supported by the temporary association of the architects Yves Weinand (Liège, Belgium) and Valentiny (Remerschen, Luxembourg) and the wooden supporting structure is calculated by the planning office Weinand (Liège, Belgium).

#### » www.annen.lu









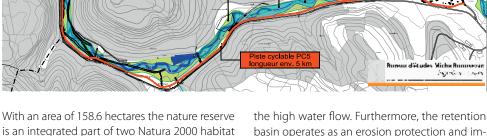
is an integrated part of two Natura 2000 habitat areas and one Natura 2000 bird reserve area.

The characteristics of this nature reserve are the existence of numerous naturally occurring species of birds and plants dependent on the wetlands of the alluvial plain and their preferred habitats, like the alluvial and riparian forests, reed beds, wet meadows, swamps, stagnant and running waters.

During the renaturation works, the nature reserve and the valley of the "Ernz blanche" river were structured as a large retention basin with a volume of 110 000 m<sup>3</sup>. This natural retention basin protects the village of Larochhette against floods in times of heavy rain by reducing and lowering

basin operates as an erosion protection and improves the water quality of the "Ernz blanche" river. Another aim of the renaturation measures was the restauration of the faculty of self-purification.

In order to make the nature reserve accessible for nature, hiking and cycling enthusiasts, a bicycle path of a total length of 5 km was built through the area. This cycle path will be part of the Luxembourg cycling path network. In order to be able to cross the wetlands, many bridges were built with a multitude of resting areas and picnic benches. Thus, the area not only forms a habitat for a large number of animal and plant species but also a recreational area for people from the neighbouring towns.





from the Forest Policy Report. The vision is "Sustainable forest management is a source of growing welfare".

The three strategic objectives to realise this vision:

- » Finland is a competitive operating environment for forest-based business,
- » Forest-based business and activities and their structures are renewed and diversified and
- » Forests are in active, economically, ecologically, socially and culturally sus-tainable, and diverse use

The strategy is implemented by a total of ten strategic projects. The completely new projects added to the Forest Strategy apply to climate sustainable forestry, international forest policy and influencing EU policies as well as new products made from wood. More than before, projects

> also encompass the diversification of forest management methods, the safeguarding of biodiversity, water protection and the diversification of business. Projects to be considered as cross-cutting include the improvement of the availability and usabili-

ty of forest, nature and environmental data and facilitation of their integration with other data sources. The cross-cutting projects also include an aim to build trust and cooperation between various actors with pluralistic communication and interaction

The Forest Council follows the implementation of National Forest Strategy. A great variety of stakeholders, Government ministries, forest administration, research and education, forest owners, forest industry, energy sector, environmental organisa-tions, employer organisations and entrepreneurs as well as youth and leisure-time organisations, are represented in the Forest Council.

Several ministries will participate in the implementation of the National Forest Strategy. The update was approved by the National Forest Council in December 2018 and the Finnish Government confirmed the updated strategy with a resolution on 21 February 2019.

The National Forest Strategy is also implemented through Regional Forest Pro-grammes, where the special regional characteristics are duly taken into account.

Metsään.fi is a portal through which people who own forest property in Finland can conduct business related to their forests from the comfort of their own homes. The portal connects owners with related third parties, including providers of

> forestry services. This makes it easy to commission management work and to be in touch with forestry professionals.

**Eservices for Forest Owners** 

Metsään.fi is a portal through which people who own forest property in Finland can conduct forest-related business from the comfort of their own homes. The portal connects owners with related third parties, including providers of forestry services. This makes it easy to

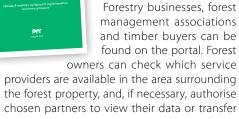
commission management work and to be in touch with forestry professionals.

Forestry businesses, forest management associations and timber buyers can be found on the portal. Forest

providers are available in the area surrounding the forest property, and, if necessary, authorise chosen partners to view their data or transfer

them to their own systems. This makes it easy to get in touch with professionals regarding forestry and logging work. Service providers may also contact forest owners on their own initiative.

The portal saves service providers the cost and effort of visiting sites to obtain the latest data on which to base plans. It also contains up-todate contact details for forest owners. The aerial photographs and maps are important tools for professionals, and for small businesses Metsään. fi may replace the need to have their own geographic information system or CRM system entirely. Most private Finnish forest owners either are in employment or retired, and a growing proportion live far from the forests they own. For most owners the forests are not a major source of income and only a small fraction have professional forestry skills.



261

www.metsaan.fi







ing in forests are now being used to create textile fibers, medicines, chemicals, functional foods, plastics, cosmetics, smart packaging and biofuels.

paper, biomasses originat-

Finland's rise to become one of the world's most prosperous countries is based on our ability to utilise renewable natural resources, our green timber grows every year than we utilise. We also use waste and side streams efficiently. Finland has a strong know-how in technology, construction, energy, chemistry, food and health sciences. Innovation, cooperation and combined technologies in these fields make Finland a true leader in bioeconomy.

» www.bioeconomy.fi



hundreds of kilometers of trails for hikers, cyclists, riders etc., and a lot of wilderness to be explored and photographed. At the same time, many of the sites are valuable habitats for rare species. The vast forest areas form a vast multiple use resource for developing of nature tourism.

The Geopark area with its inspiring activities and services for tourists, schools, researchers etc. is the result of persistent co-operation of ten municipalities, dozens of firms, while hundreds of local people and lots of different stakeholders. Metsähallitus has constructed an encompassing network of hiking services, firms are developing products and services together and marketing them under the same brand. Local schools provide Geopark-based programs for foreign students together and the Geopark Rangers organize guided trips to main geosites. Local intangible heritage becomes more and more appreciated and visitors can experience it in most of the sites.

The area with its incredibly beautiful wetlands, which form an important basis of the whole Geopark, eskers, brooks and springs is worth visiting at every time of the year as well as during every moment of each











Finland's legal concept of everyman's right gives everyone the chance to enjoy outdoor pursuits, and the freedom of the country's vast forests, fells, lakes and rivers with nearly no restrictions. Public access to private land is much wider in Finland, and in other Nordic countries than it is most of the world.

Nature is often fragile, however, and especially here in the North, it can be slow to recover from damage. With the freedom to enjoy the countryside comes the obligation to leave the environment undisturbed and preserve Finland's rich natural heritage for future generations to enjoy.

» www.ym.fi/etusivu







Doranova Oy is a Finnish environmental engineering company focusing on biogas solutions as well as soil and groundwater remediation activities. The Biogas sector concentrates on developing and building advanced biogas and landfill gas power plants that turn waste to electricity, heat and traffic fuels. Soil remediation business line on the other hand is a well-known developer of advanced in-situ soil remediation techniques. Currently Doranova is the largest in-situ soil and groundwater remediation contractor in Finland and also has conducted several projects in export markets.

On the biogas market, Doranova has become a specialist able to offerto offer technical solutions for the most challenging conditions. For example, the mechanically separated organic fraction of municipal solid waste (OFMSW) contains a lot of impurities that makes the substrate unsuitable for traditional wet fermentation solutions. Our flag-



ship products to process OFMSW and many other challenging substrates is called Hardferm®. The first full scale Hardferm -biogas plant was completed in summer 2020 and currently Doranova has a rich pipeline of projects in a negotiation phase.

Incineration plants and landfill operators seem to be two largest potential customer groups. The first group wants to separate organics before incineration processes to decrease flue gas emissions and the amount of ash. Landfill operators on the other hand are forced to find alternative ways to their current methods and rugged biogas plants offer them the way to capitalize the energy potential of organic waste fractions.

» www.doranova.fi

FINLAND



Nowadays the company is well-known in Finland, but its work also extends to other countries. Its service covers stump grinding, tree cutting, pruning, tree inventory, consulting, teaching and planting.

have to be nurs example cutting new ones or parallel substituting also worked in the ish president and

If you need trees to be removed or pruned Mika, and his workers can do it. The cheapest way to do it, is to straight cut the trees down. The company has also invested in grapple saws. They have truck with 27 m crane and a saw attached to the end of it. With that truck the company can also transport logs and branches and clean the work site.

Municipalities are the biggest employers of the company. Parks and other public environments



» www.arborist.fi

have to be nursed constantly. This implies for example cutting down the oldest trees, planting new ones or partial cutting. The company has also worked in the summer residence of the Finnish president and in the animal park in Ähtäri.

Mika is a very positive person and he always has new ideas. He has developed his enterprise in a very innovative way during recent years. Leader Pohjois-Satakunta has financed his projects. The focus lies on continuous development and improvement of the services.

Mika also takes part in arborist competitions around the world and he has a big network of colleagues in Finland and other countries.











In the National Forest of Buçaco (or Bussaco), the National Monument provides a unique natural experience in the Center of Portugal, specifically in Serra do Buçaco, a parish of Luso within the municipality of Mealhada.

Entering this forest guarantees a mystical experience strongly influenced by the local geography in which the atmosphere is marked by frequent rains and fogs, making the area an unparalleled place for contemplation, relaxation and observation of nature.

The origin of Mata do Buçaco dates back to the 17th century when in 1628, the monks of the Order of the Discalced Carmelites settled. They brought numerousexotic plants that they started to grow here in an attempt at forestation. Today, over 1000 different species exist in the area which is mainly composed op aboretums that represent 80% of all the flora.

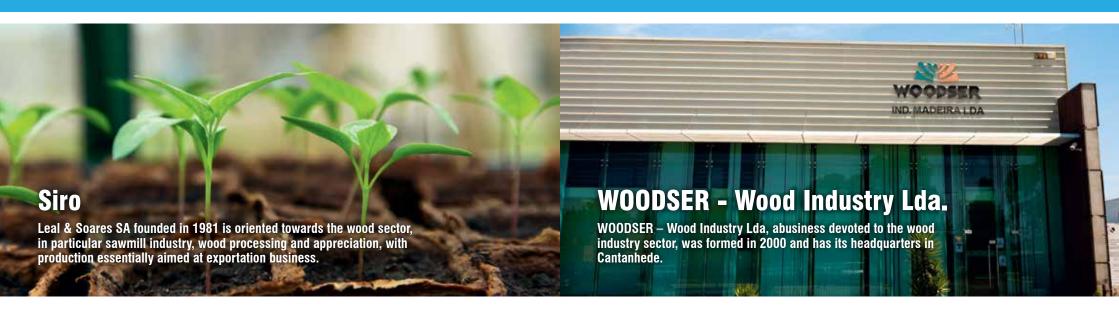
In order to explore the over 100 hectares, it is recommended to walk and enjoy different selected trails and paths identified that combine the natural with the man-built heritage in a perfect combination of man and nature. It is a good example of how to transform the forest into an environmentally balanced tourist product.

The Buçaco National Forest, rich in natural, architectural and cultural heritage, thus constitute an invitation to enjoy a unique tourist experience, steeped in history and an example of preservation and perpetuity of ex-libris species of fauna and flora. Through this example, it is possible to demonstrate that the environmental and tourism enhancement of the forest is an opportunity to enhance the valorization of a territory.

» www.fmb.pt

PORTUGAL

AND POR'



The challenges arising in this activity sector and in light of social and environmental responsibility sparked the necessity of both connceiving products which could proote the usage of wood subproducts resultant of the sawmill and at the same time trigger the development of a sustainable vegetal material.

Since 1990 it is mainly engaged in the production of a range of organic and sustainable substrats, vocationed to gardening, floriculture, horticulture and forestry activities, designated with the trademark "SIRO - Sistemas Integrados de Reciclagem Orgânica [Integrated Systems of Organic Recycling]".





The process of production of these substrates meet a sustainable consumption, using in adquated manner the raw materials to satisfy the need without compromising the future generations. SIRO products are a combination of traditional recipes and technological integration. Thus in a scientific manner the different "ingredients" are thus combined in balance, with a rigorous control of quality from the gathering of the means until the final product conception.

For the development and evolution of the production process the company has a laboratory which performs the control of raw material used and carries out the essential analysis of the substrate, validating if the defined quality indicators are in compliance with what is required by the company and by the client. The Research Center of the company helps creating new substrates, while additionally enhacing also the continuous refinement of the existing substrates.

The company has two units of production, the first in Mira (Portugal) and the second in Galicia (Spain), standing out for the focus on a sector that promotes the efficient reutilization of natural resources, especially those originating from the forest.

» www.portal.siro.pt

ORTUGAL

This is a company dedicated to forest exploitation on a global perspective, starting from chopping down trees and complementary operations in a selective and sustainable way, with the goal of producing wood based products, including firewood, pellets and other products necessary to different economical activities with a particular highlight of the construction industry.

In the fulfilment of its activity, WOODSER promotes the total reutilization on wood based products, boosting the full reuse of the waste resulting from the activity. By that it values recy-

cling and reclaims organic compounds, allowing a further usage which includes the operations of composting and other biologic transformations.

By fulfilling these practices associated with the company's activity, WOODSER provides and triggers the environmental appreciation and the better economical exploitation of the forest products, thus becoming an example to highlight in the use and sustainable development of the forest.





Support for industrial and agricultural investment, the qualification of human resources, combined with the encouragement of traditional arts and crafts, support for associations, the preservation of gastronomic identity, the requalification of leisure areas and the recovery of built heritage, as well as the valuation of forest assets are some of the many areas in which it has been actively participating.

This Association also has the mission of providing studies, research, cooperation and activities within the scope of local and regional development in conjunction with other public and private entities that pursue the same goals.

If initially the municipalities of Carregal do Sal, Mortágua, Santa Comba Dão and Tondela were its area of activity, in recent years it has extended to the entire municipality of Águeda, which constitutes an area of enormous potential in which the triangle Aguieira, Caramulo, Pateira to-

day constitutes a special space for innovation, attraction and harmonious development.

The edition of this publica-

tion is part of this form of daily activity: giving visibility to the great potential that this region has in its different territories.

O CEISCaramulo – "Centro de Estudos e Interpretação da Serra do Caramulo" is the project coordinator and will implement the measures.

As part of the "Green Economy" Cooperation project carried out under measure 10.3 of PDR2020, accomplished in partnership with Local Action Groups from Finland, Luxembourg, Sweden and the Portuguese ADELO and DUECEIRA, this publication presents the flora of the Serra.

The publication of the "Guia do Flora Vascular da Serra do Caramulo" aims to be a lever of renewed hope, after a significant part of the "most beautiful mountain" massif was seriously injured in the great fires of 2013 and 2017.

If compost was made from the ashes for the regeneration in progress, out of these pages we want to make a sap of hope for the desired and deserved development of a region that has done everything to maintain its identity, through promoting its enormous potential in heritage, environmental and landscape areas.

» www.visitcaramulo.org/en

Portugal is one of the European Union countries with the highest percentage of the territory dedicated to forestry activity.

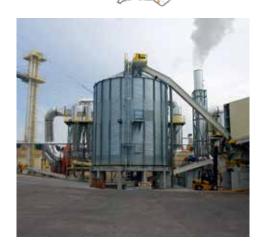
This plant is installed in the municipality of Mortágua (intervention area of GAL ADICES) and forms part of an extensive forest area including 29 municipalities, which contribute to the supply of the plant.

Forest cleaning residues represent an important source of renewable energy and excellent environmental practice. This plant has an electrical power of 9 MW and consumes about 8.7 tons of forest waste per hour or about 109,000 tons of waste per year.

The waste consumed at the plant is not more than 10% of the total waste produced by that forest area. In addition to the energy produced and the contribution to cleaning the forests, the plant will have a significant socioeconomic impact, as it contributes to the development of new economic activities in regions prone to human desertification.

The plant employs about 20 workers and it is estimated that it will indirectly generate around 200 jobs.

» www.altri.pt/en/what-we-do/ renewable-energy/biomass



**PORTUGAL** 

Celbi I

27.9 MW

In operation

28 |

CARAMULO

In operation

Caima

12.8 MW

In operation







This is an experimental project supported by the Programme LIFE Environment (EU) which intends to demonstrate the financial and environmental viability resulting from the usage of the waste generated on the process of deforestation as a source of raw material for production of bioproducts of high added value such as bio-herbicide, bio-concrete and bio-coal.

To get this effect, the project aims to transform this waste through a thermochemical process assisted by microwaves in bio-fuels to use in boilers and a substitution of conventional fuel oils, favoring the agricultural efficiency and serving to avoid denitrification and encouraging the water storage and nutrient exchange.

It is a partnership between Portuguese and Spanish entities, streamlined by the Foundation General of University of Alcalá de Henares, Spain, which integrates LAG Dueceira and also the National Institute of Agrarian Research of Spain, the LAG ADASUR (SP) and LAG Douro Histórico (PT) and the companies specialized in asphalts, bio-products markets and others like for example PROBISA, ECO2 and NEOLIQUID.

Locally the project also envisages the establishment of protocols with the Forest Association Aflopinhal for selecting, collecting and transporting Biomass (eucalyptus and agriculture waste from the vineyards, Olive plantations and orchards). The establishment of deals with farmers and producers, land owners, local agents with forest intervention and councils for demonstrative tests subsequent of the natural herbicide and natural fertilizer in safety lanes on roads, forest paths and forest and agricultural land. Another aim of the project is the technical follow-up of the works and the monitoring of the gathering and the demonstrative applications.

PORTUGAL

Project for Awareness, Involvement, Civic Mindedness and Education towards the Environment developed with the engagement of the civil society (citizens, families, companies, institutions, etc.) to collectively building answers to specific needs of the territory such as the lack in short term of trees to reforest the extended areas burned by wildfires (mainly the ones of the year of 2017).

The prompting of reactive behaviours onto communities before the recent adverse circumstances; the stimulus towards proactive actions in favor of the territory; the promotion of the Affection to the territory and the preservation of the connection to the earth were some of the objectives and focus of the project.

This consisted on the performance of voluntary actions of collecting seeds in nature - in particular of native trees such as oaks, cork oaks, chestnuts and ash trees, species more resistant against the fire; on the creation of micro-spaces/maternities

for their planting; on the constant care throughout the period of one year of the plants awaiting their maturation; on the subsequent carry out of reforestation campaigns.

In order to do so there was the direct responsibilization of the participants/beneficiaries through the acknowledgment of a Compromise of Guardian of seeds and tree seedlings which would define a Caregiver Profile in order to foster the involvement of the communities and their coresponsibility on the resolution of local problems.

This action promoted by Dueceira in partnership with the City Councils, Activar, ADSCCL, Lousitânea and Aflopinhal had as an intervention territory the municipalities of Lousã, Miranda do Corvo, Penela and Vila Nova de Poiares and was supported by the Ministry of the Environment through the Environmental Founding and it's Measure 4 - "Involvement of citizens in their square kilometer of action".









For this purpose, it identifies the network of river trails and mountain outlines for the enjoyment of visitors and tourists, allowing to LIVING THE NATURE IN GREEN & BLUE on an AFFECTIVE READING OF THE TERRITORY on a natural space of high environmental quality which attracts both for its landscape excellence and for the number of events which occur along the year in regards to Active Tourism and Sports of Nature [Trail, Mountain Biking, Cycling, Downhill, Fishing, Hiking, Fluvial Beaches and not to forget the Deer Rut, a unique moment to observe deers…]

The project foresees the establishment of strategic instruments which steer towards the viability of the process of valorization and certification of Lousã Mountains as a protected landscape, namely through:

- » Elaboration of support studies to the proposal of classification of Lousã Mountains as a Protected Landscape Area;
- and on a more practical perspective allowing the revitalization of activities of responsible enjoyment of the spaces, providing its visibility, animation and social and economic promotion, with the direct support to the organization and fulfillment of activities inserted in the Action "Mountain Trails - Sport and Adventure in Lousa Mountains" and specifically of events on the 4 municipalities such as: Louzan Trail; Poiares Trail; Infante's Trail; Abutres' Trail (World Championship competition) (competitions of small, medium and large distance, daytime and nighttime, to adults and children, and hikings).



Sofie holds a degree from the Dance and Circus University in Stockholm both as an educator and as a dancer. She is also a trained equestrian therapist.

The company of her horse and the resources of the forest enabled Sofie to create an environment that enhances young people's self-esteem and their ability to build better relationships. The social interaction with the horse increases the understanding of communication and strengthens the individual's confidence and courage.

With the help of a forest paddock, children and young people can experience the forest from the horseback in a safe and stimulating way.

In the forest paddock all the trees remain while moss and blueberry on the ground make the experience genuine.

» www.roshultsdjuronatur.se

In a discreet way, Sofie has installed various materials and objects around the paddock. The installations stimulate the visitor's senses and sometimes the unexpected in the environment results in special discoveries of nature.

Sofie has, among other things, made an installation of an old wagon that periodically gets a new design to stimulate discovery and conversation.

Sofie works with autistic children by means of different perspectives, such as different heights or different spatial perspectives. In this work the forest paddock plays an important role. In the paddock the individual is given the opportunity to look into eternity between the trees, or the climb on a large stone can suddenly result in a change of perpective.



ORTUGAL SWEI





The beverage itself results out of an age-old knowledge from Eastern Europe. Martina got introduced to the knowledge when she had eastern Europe guests staying in her cottage. They showed her how to transform the birch sap into a fermented bubbling fresh non-alcoholic drink. Her production is a small-scale and craft-made beverage, where the entire production chain takes place in the courtyard just a few meters from where the birch stands

It is early spring when the sap starts to rise, and the seasonal work begins. The sap slowly drips through a small hole which has been drilled into the birch. The sap is collected in bags that are emptied at least every morning. Birch sap consists mostly of fine water, which has been filtered through the birch root system and stem.

The process adds natural sugars, that makes the fermenting procedure possible.



The birch sap is refined by fermentation in two steps. The first fermentation takes place in a tank and the second takes place in bottles. The process is identical to making champagne.

The birch soda is ready after being stored in an underground storehouse for at least three months and it is during this storage process that the natural carbonic acid is formed.

The result is a dry, non-alcoholic sparkling drink that, with its freshness and genuine taste, fits very well with a meal or as a drink.

Martina's new product and company is an example of what transnational exchanges can trigger. Martina's ability to capture an already existing product from another part of the world and then take it home to Sweden, has turned out to be a successful business in the countryside.

SWEDEN

Owned and operated by Erik Hjärtfors and Charlott Malmborg, the business runs under the label Wood Design and offers furniture and wooden houses all with their own design, while also providing training for furniture carpenters.

The Lövsjö Loghouse factory is located only a few kilometres away from Erik's family farm where previous generations have used both forest and land. The short distance from the forest to the factory is an important part of their business. This means that they have access to the raw material for all their products in the local area.

Erik is a trained forester and has worked with forests and wood all his life. He has operated the factory for more than fifteen years.

Initially the focus was on building log houses, which so far has resulted in over 50 built holiday homes in various shapes and sizes. The typical

feature of their houses is the combination of solid wood and large windows with plenty of daylight. It creates climate-smart houses and if supplemented with solar cells, the house's impact on nature is minimal. The idea is that those who use the houses should be able to live climate smart and sustainably in the long term.

Over the past ten years, interior design and furniture production has also grown bigger.

Today, the factory offers locally produced store furnishings that are completely unique and tailored to their customers' wishes.

Their customers are private individuals, shops and restaurants.

#### » www.wooddesign.se







industry.

By developing a collaborative project with international contacts, the project aims to strengthen small-scale forestry businesses in the countryside and give them the conditions to develop their business and increase profitability to a greater extent.

The project also wants to show and inspire others, both regionally and internationally. Forests has great potential when it comes to sustainable entrepreneurship and development opportunities.

#### The Model

The model on which the project is based consists of several different parts allowing the entrepreneur to choose one or more parts, based on their conditions.

The different parts are:

- » Coaching. Information / communication linked to Linne University.
- » Networking. Shared learning through international study trips and inspirational meetings.

The strength of the model is identified to be individual coaching and networking meetings in combination

Entrepreneurs gain better understanding of their business through long-term support and contacts, that are based on trust and sustainability.

The learning process that is naturally found in a university environment is available to the participating companies through the communication platform Loomio.

The international input from other participators in Loomio provides new perspectives for one's own enterprise.

- » www.leaderlinne.se
- » www.leadervastrasmaland.se



estry and farming on the farm. Since 1978, no farming has been carried out, but their tourism company have grown gradually over the years.

In the beginning it was a café and a garden with herbs.

The Flathult's farm is a good example of what forest owners can do with and around their forest ownership.

By seeing the possibilities in the property and surroundings they constantly developing and renew their business.

In their tourism company it is easy to see that the opportunities are many and can change over time to suit the demand of the visitors. Most of what they remains in an connection to what the forest can provide.

Today they offer their visitors a restaurant and café, a spa, a motorhome pitch, a herb garden, a greenhouse, a playground for children and several marked hiking trails in the forest.

The visitors can experience the forest by hiking on their trails. Eating the meals with the meat, berries and mushrooms that have been picked

and hunted in the forest helps the visitors to understand what the forest can provide. Their spa which, with the help of plants and herbs from the surrounding forest, allows the visitor to enjoy the forest in a relaxing environment.

Over the years that have passed since 1978, the owners have been constantly working to add more activities to their visitors.

#### » www.timian.se





Asa is a small village in the center of Småland and an important node for research, education and a forestry meeting point in southern Sweden. Asa Experimental Forests and Research Station, run by the Swedish University of Agricultural Sciences, provides access to approximately 2700 ha of forestland for researchers, forest industry and forest owners. It is also a part of SITES, the Swedish Infrastructure for Ecosystem Science, a national research infrastructure for terrestrial and limnological field research. Linnaeus University, located in the nearby city Växjö, offers distance courses/ blended learning in sustainable small-scale forestry addressed to forest owners. The courses include not only forest management and silviculture, but also forest mensuration, forest ecology, economy, wood properties and business opportunities within forestry. Thanks to a cooperation between Asa Research Station and Linnaeus Uni-

versity, hundreds of forest owners visit Asa each year and get a deeper knowledge in forestry and forest management and insights into where the edge of the experimental forest research lies. Asa Herrgård, an estate with hotel, restaurant and forestry including activities such as "the edible country", hunting activity, fishing, canoeing and hiking, is another cornerstone in the successful sharing of knowledge and experiences. They provide housing and meals in beautiful surroundings as well as inspiration. One of the most important outcomes for the forest owners visiting Asa in a course or an excursion is the network they gain with other forest owners. They inspire each other to new business ideas and business development within forestry based on new knowledge.

#### » www.asaherrgard.de







#### **Transnational Exchanges**

5<sup>th</sup> - 8<sup>th</sup> of November 2018

6th - 9th of May 2019

21st - 26th of October 2019

2<sup>nd</sup> - 5<sup>th</sup> of June 2020\*

Sweden

Luxembourg

Portugal

Finland

#### **LAG LEADER regions**

Linné & Västra Småland

Mëllerdall Region

AD ELO, ADICES & DUECEIRA

Kantri ry & Pohjois-Satakunta

\*Cancelled due to the Corona virus pandemic. The conference was postponed to June 2021.

## **Impressum**

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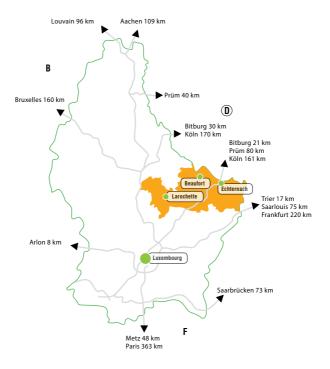
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SWEDEN 136





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